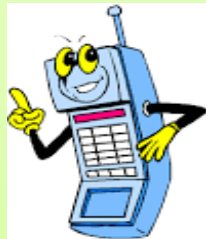## Safe

Don`t give out your personal information to people/ places you don't know.

Meet

Meeting someone you have only been in touch with online can be dangerous. Always check with an adult you trust.

Accepting

Can cause problems Accepting emails, files, pictures or texts from people you don't know.

Reliable

Check information before you believe it. Is the person or website telling the truth?

Tell

Tell an adult if someone or something makes you feel worried or uncomfortable.